



Less than 1% of all Guatemalans ever enroll in college and less than 50% of those that do ever graduate. We want to change this trend.



Quality Primary Healthcare

FAM partners with other nonprofits to bring much needed health care services to the area of San Marcos, Guatemala. Services include pediatric baseline measurements, referrals and follow-up for all students; eye exams and corrective lenses; and for the women cervical cancer screening and follow up treatment. FAM will soon launch a dental screening program as well.

Our Commitment

For more than one hundred years, the Asturias Maldonado family members have provided health and education services to rural farm families. The Asturias Maldonado Foundation continues to promote and support the ideals and aspirations that have supported these families for generations.



176 Randall Street, San Francisco, CA 94131
 Monica@fundacionasturiasmaldonado.com
 Elena@fundacionasturiasmaldonado.com
 www.fundacionasturiasmaldonado.com

facebook

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Who we are

The Asturias Maldonado Foundation (FAM) is a California 501 (c) (3) whose mission is to support and direct educational, health and environmental projects of high-impact, stimulating development and well-being for rural families in Guatemala.



Our objectives are to

- ◆ Promote excellence in education for rural children;
- ◆ Implement family garden projects to foster food independence;
- ◆ Offer primary health care to rural families focused on prevention and quality primary medical services;
- ◆ Implement responsible care and use of natural resources.

Who we serve

Since 2011, FAM has served 19 communities in the San Marcos area - from providing water filters and training families in nutritional independence, to partnering with public schools to work together on projects for the benefit of local children. FAM continuously seeks ways to positively impact the lives of the rural families of San Marcos.

San Marcos is a region located in the southeast region of Guatemala, where the municipality of La Reforma exists. La Reforma has 32,500 inhabitants, that make up 4,000 families, of which 50% are under 15 years of age. This area depends on coffee production and is made up predominantly of small producers and others who support this export crop with their subsistence labor.

Excellence in Education

FAM offers students an integrated educational program from preschool to high school. Every child receives the school supplies they need to study, transportation to and from school, hot meals and snacks, and a well-rounded education. The program includes classroom instruction, books, computer lab and activities such as sports and art. FAM places a special focus on keeping girls in school, as they are often the first to drop out. High school graduates – often the first in their family to do so – receive guidance on furthering their education. The cost of this transformational program is \$1,000 per child per year. Every child we help educate is one more child with a brighter future.



Family Gardens and Nutrition

Indigenous Mayan groups (especially children) have disproportionately high rates of malnutrition. Eight out of ten Mayan children in Guatemala are stunted in growth and development as a result. San Marcos has one of the highest levels of nutritional insecurity in Guatemala. FAM addresses this problem through our nutritional education and Family Gardens programs.

Vulnerable rural families supplement their nutrition through the creation of family gardens. Local agricultural professionals support the project, and educational workshops are hosted for participants. In the first five years of this program, over 200 families have participated. FAM also distributes water filters to families to ensure access to safe drinking water. This project creates economic and social progress for the community with active and positive participation of the whole family.